

# GUIDELINES FOR THE REGISTRATION OF NATUROPATHY PRACTITIONERS AND ACCREDITATION OF NATUROPATHY INSTITUTIONS

## **1. Definitions**

- a) "Naturopathy" means a drugless, non-invasive, system of therapy involving the use of natural materials in its treatments based on the theory of vitality, the theory of toxemia, the theory of the self healing capacity of the body and the principles of healthy living.
- b) "Naturopathy Institutions" means (i) Medical colleges conducting the Bachelor of Naturopathy and Yogic Sciences (BNYS) Course and Postgraduate Courses and (ii) Hospitals.
- d) "Hospital" means a Naturopathy Hospital with minimum of 10 In Patient beds and an Out-Patient Department.

## **2. Registration and Accreditation**

- a) Accreditation is the recognition granted to educational institutions and hospitals to signify the attainment of an acceptable level of professional expertise, academic quality and integrity.
- b) Registration means the registration of Naturopathic practitioners under para 4 of these Guidelines
- c) There will be a competent authority for the grant of Registration and Accreditation in each State and Union Territory to be nominated by the Central Council for Research in Yoga and Naturopathy (CCRYN).
- d) The competent authority will grant Registration and Accreditation on the basis of these guidelines and will have the authority to conduct inspections and evaluation visits for the purpose.
- e) Accreditation will be for a fixed period of 5 years and will have to be renewed after the expiry of this period.
- f) The registration will be valid throughout the country.
- g) The competent authority will notify the date on which the registration and accreditation scheme will come into force.

153

### **3. Expenditure incurred by the competent authority to be met by the Central Government**

The expenditure incurred by the competent authority on the registration of Naturopathy practitioners and the accreditation of Naturopathy institutions will be reimbursed by the Central Council for Research in Naturopathy and Yoga.

### **4. Registration of Naturopathy Practitioners**

- a) Class "A" registration will be given to institutionally qualified professional practitioners possessing a 4 / 4 ½ years Diploma in Naturopathy (N.D.) awarded by the Government of Andhra Pradesh / Osmania University OR a 5 / 5 ½ years Degree in Bachelor of Naturopathy & Yogic Sciences from any University set up by a statute.
- b) In exceptional cases, Class -A Registration may also be given as a one time measure to self educated Naturopathic practitioners who are Post-graduates in any subject and who have at least 25 years of working experience in reputed and established Naturopathic hospitals or colleges and who are not less than 45 years of age.
- c) In recognition of the fact that there are a significant number of self educated Naturopathy practitioners, Class "B" registration may also be given as a one time measure to self-educated full time Naturopathy practitioners who are not institutionally qualified, are not less than 35 years of age, who have a minimum of 15 years of full time proven clinical experience and who have passed Class XII or 10 + 2 from a State Board, the CBSE or the ICSE.
- d) Those Naturopathy practitioners who have been duly registered under any Statutory State Board will be granted registration in the same category as granted to them by the State Board.

### **5. Procedure for applying for Class "A" registration in respect of institutionally qualified practitioners**

- a) A practitioner who has been awarded a degree or diploma in Naturopathy from any recognized University or Government authority in India may apply for registration to the competent authority in Form A along with documentary evidence of the professional qualification obtained.
- b) The competent authority may grant registration to the applicant subject to:

- i) the verification of the professional qualification obtained by the applicant from the University concerned;
- ii) being satisfied about the professional expertise, the maintenance of ethical standards and professional conduct of the applicant which may be verified by means of a local inquiry.

**6. Procedure for applying for Class "A" registration in respect of self educated practitioners**

- a) A self educated practitioner desirous of obtaining Class "A" registration under para 4 (b) should, within three months of the Registration scheme coming into force, submit an application in Form B along with documentary evidence relating to age, length of practice, educational qualification, professional qualification, etc.
- b) The Experience certificate submitted should be countersigned by the Chief Medical Officer/s of the district/s in which the applicant has practiced.
- c) After verification by means of a field enquiry of the details contained in the application including the documentary evidence submitted, the competent authority shall call all the eligible candidates for a written examination consisting of two papers of 100 marks each.
- d) Candidates scoring 50 per cent in the aggregate or above in both the papers in the written examination will be allowed to appear for an Oral and Practical examination to be conducted by the competent authority of 50 marks each which would cover the theory and practice of Naturopathy, the minimum pass mark for which would be 50 percent in each.
- e) Successful candidates will be awarded a Class "A" registration which will only entitle them to private practice.
- f) No further Class "A" registration for self educated practitioners under para 4 (b) shall take place after the completion of the process detailed above.

**7. Procedure for applying for Class "B" registration in respect of self educated practitioners**

- g) A self educated practitioner desirous of obtaining Class "B" registration, should, within three months of the Accreditation scheme coming into force, submit an application in Form C

along with documentary evidence relating to age, length of practice, educational qualification, professional qualification, etc.

- h) The Experience certificate submitted should be certified by the Chief Medical Officer/s of the district/s in which the applicant has practiced.
- i) After verification by means of a field enquiry of the details contained in the application including the documentary evidence submitted, the competent authority shall call all eligible candidates for a written examination.
- j) Candidates scoring 50 per cent or above in the written examination will be allowed to appear for an Oral and Practical examination of 50 marks each which would cover the theory and practice of Naturopathy, the minimum pass mark for which would be 50 percent in each.
- k) Successful candidates will be awarded a Class "B" registration which will only entitle them to private practice.
- l) No further Class "B" registration under para 4 (c) shall take place after the completion of the process detailed above.

**8. Accreditation of Institutions**

- a) The objectives of the accreditation of institutions are:-
  - i) To ensure that Naturopathy hospitals offer safe, reliable and quality medical and health care;
  - ii) To ensure that institutions offering Naturopathy Medical Education are of acceptable academic quality relevant to the health care requirements of the country.
- b) Institutions desirous of being accredited should apply to the competent authority in the proforma accompanied by an application fee to be prescribed by the CCRYN.

9. Accreditation of Naturopathy Medical Colleges

a) The following subjects should be taught in a BNYS degree course offered by a Naturopathy Medical College:

1<sup>st</sup> Year      Duration – One year

- 1. Anatomy
- 2. Physiology
- 3. Bio-chemistry
- 4. Philosophy of Nature Cure
- 5. Yoga Practical Classes

2<sup>nd</sup> Year      Duration – One year

- 1. Pathology
- 2. Microbiology
- 3. Community Health
- 4. Yoga Philosophy
- 5. Magneto Therapy and Chromopathy

3<sup>rd</sup> Year      Duration – One year

- 1. Manipulative Therapeutics
- 2. Acupuncture
- 3. Yoga Application
- 4. Fasting Therapy
- 5. Naturopathy Diagnostics – Iris Diagnosis a facial Diagnosis
- 6. Modern Diagnosis and First Aid

4<sup>th</sup> Year      Duration - 1 ½ year

- 1. Dietetics, Nutrition and Herbs
- 2. Obstetrics and Gynaecology
- 3. Yogic Therapy
- 4. Hydrotherapy
- 5. Physiotherapy
- 6. Holistic Practice of Naturopathy & Yoga
- 7. Allied Subjects:-
  - i) Forensic Medicine and Toxicology - 30 hours
  - ii) Psychological aspects of patient management - 30 hours
  - iii) Hospital Administration (Naturopathy & Yoga) - 20 hours
  - iv) Research Methodology - 20 hours

b) The norms for the accreditation of Naturopathy Medical education institutions offering BNYS courses are as follows:-

- i. The institution should have obtained a Consent of Affiliation Certificate or an Affiliation Certificate from the concerned affiliating University
- ii. The institution should have obtained a No Objection Certificate from the concerned State Government. -
- iii. The institution should be located in a single plot which is at least 3 hectares in area owned by the institution or taken on long lease for a period of 90 years at least subject to the condition that in urban areas the institution may be located in two separate plots within a reasonable distance from each other with a total area of 3 hectares
- iv. The institution should have a fully functional Naturopathy teaching hospital with a minimum of 100 beds
- v. The student:bed ratio should be 1:3 subject to a minimum of 30 students
- vi. The Class Rooms and other academic infrastructure should be sufficient for providing instruction to the sanctioned student strength.
- vii. Laboratories should be available as follows:  
 Basic Medical Sciences  
 Laboratories for Naturopathy disciplines - Nutrition, Acupuncture, Physiotherapy,  
 Clinical Naturopathy Lab (2 nos.) with Demonstration Facility,
- viii. There should be a Museum with display facilities for the subjects of Hydrotherapy, Manipulative Therapies, Fasting therapy, Chromo therapy, Magneto therapy, etc.
- ix. There should be a Yoga Hall of sufficient size with a minimum area of 2 sq.mt. per student
- x. The Kriya Section should be attached to the Yoga Hall
- xi. The staffing pattern will be as follows:-

Principal - N.D. (Hyderabad/Osmania)/BNYS with a minimum of 15 years of experience from a recognized University of which teaching experience should be for a minimum of 10 years.  
 Professor - ND (Osmania)/BNYS with 5 years experience as Associate Professor  
 Associate Professor - ND (Osmania)/BNYS with 5 Years experience as Assistant Professor OR Post Graduate in Naturopathic Medicine + Post Graduate/Ph.D.In Naturopathy & Yoga with 3 years experience  
 Assistant Professor - ND (Osmania)/BNYS with 5 years experience as a Lecturer  
 Lecturer - ND (Osmania)/BNYS  
 There should be separate teachers for each subject

c) A Naturopathy Teaching Hospital shall have the following infrastructure and facilities

- i) Administrative area  
The Administrative area should contain all necessary facilities for Reception, reservation and admission.
- ii) Treatment section  
There shall be separate treatment sections for men and women.
- iii) The treatment modalities required are given below:

Hydrotherapy

- 2 sections (Male and Female separately) to be available.
- Hip bath 4 nos., Plain Spinal Bath 2 nos. and Spinal Spray 2 nos.
- Immersion bath tubs 3 nos.
- Contrast arm and foot bath 2 nos. and Plain arm and foot bath 1 no.
- Compress and Local packs in one unit with 2 treatment couches.
- Common bathrooms 2 nos.
- Jet bath unit 1 no. in one hall with Circular jet bath as well as Douche unit 2 nos.
- Underwater massage - 2 nos.
- Steam individual cabin 1 no. with common bathrooms 2 nos.
- Enema room with treatment area having 1 enema couch with sufficient privacy and 1 wash basin and 3 Indian toilets and 1 western closet
- Mud therapy unit consisting of 1 mud storage tank, 1 mud curing tank, racks to store packs and trays and working slab to prepare mud packs.
- Local steam and Facial packs with 3 treatment couches

Department of Manipulative therapy

- Therapeutic Oil massage unit with 4 treatment rooms.
- Vibromassage unit with 2 treatment rooms with suitable sized couches.

Department of Acupressure and Acupuncture

- There should be 3 treatment couches with suitable electrical points for giving acupressure and acupuncture treatments.

Special treatment areas

- Sauna cabin-5 seater with 2 attached bathrooms,
- Steam Room-5 seater with 2 attached bathrooms,
- Jacuzzi -single seater - 2 nos. with 1 attached bathroom.
- One exclusive unit for Colon Hydrotherapy

Physiotherapy

- Separate cabins for electrotherapy units of dimensions 10 x 5 ft [ultrasound, IFT, Shortwave Diathermy, Moist Heat, Paraffin Wax Bath, Traction unit, Ultraviolet and Infrared Radiations, Muscle Stimulator, Electromagnetic Bed, Electromagnet Therapy unit].

Exercise therapy

- Unit should have a large hall with low lying broad cots 3 nos. with provision for partitions

Fitness Centre

- Devices like multi stations, exercise benches, and exercise balls should be available.

Inpatient Department

- Minimum Bed Strength should be 100 beds.

Wards -

- Male Ward, Female Ward and Special Rooms.

Emergency Management Unit -

- Nebulizer, Essential medicines, Examination couch, Adjustable cot, Oxygen Cylinder.

Diet Centre -

- Kitchen - Steam cooking facility should be available
- Dining hall with seating capacity for 60 persons.
- Separate Juice Room

Library -

- Should have a reading room and Internet facilities

Indoor Recreation Lounge

- There should be a television room for general and special ward patients and provision for indoor games like chess, carrom and table tennis, etc.

Stand By Generator should be installed

Outdoor Facilities

- Walking track of 2 kms. with reflexology Segment.

Hot water facility

- There should be a 24 hours hot water facility in the hospital.

Staff quarters

- Adequate Staff Quarters should be provided.



Clinical laboratory

- A fully equipped clinical laboratory with sufficient storage area and working space.

**10. Accreditation of Naturopathy Hospitals**

a) Naturopathy hospitals and other health facilities shall be planned and operated to provide the highest standards of patient care.

b) A Naturopathy Hospital will have to conform to the following norms-if it is to obtain accreditation.

- i) The hospital should be owned by the applicant
- ii) The environment in which the hospital is located should be free from pollution as defined by the law
- iii) The location of a hospital shall comply with all local zoning regulations
- iv) A hospital shall provide and maintain a safe environment for patients, personnel and public.
- v) A ramp or elevator shall be provided for ancillary, clinical and nursing areas located on the upper floors. Ramps shall be provided at all entrances to the hospital.
- vi) A hospital shall have provision for adequate potable water supply.
- vii) Floors, walls and ceilings should be durable, fire resistant and cleanable
- viii) There shall separate Male and Female Wards
- ix) There shall be suitable fire detection and alarm systems and fire extinguishing systems in the hospital
- x) The hospital should conform to all existing fire, safety and environmental legislation.

c) The minimum Staffing requirements for a Clinical Naturopathy Hospital shall be as follows:-

- i) The hospital should have sufficient qualified Naturopaths with a minimum doctor:patient ratio of 1:30 subject to a minimum of I doctor.
- ii) Para-medical staff at the following minimum scale should be available:

	10 Beds	20 Beds	30 Beds	50 Beds	100 Beds
Treatment Attendants	2	3	6	8	16
Yoga Instructors			1	1	2

iii) Administrative staff at the following minimum scale should be available:

	20 Beds	30 Beds	50 Beds	100 Beds
Office Superintendent			1	1
Senior Assistant				1
Junior Assistant			1	1
Data Processing Officer				1
Data Entry Operator	1	1	1	1
Cashier			1	1
Telephone Operator			1	1
Canteen Supervisor	1	1	2	2
Cooks		1	1	2
Assistant Cooks	1	1	2	4
Canteen Attendants			2	3
Attenders	1	2	3	4
Sweepers				
Gardeners	optional	optional	1	2

iv) The minimum area requirement for a hospital will be as follows:

	10 Beds	20 Beds	30 Beds	50 Beds	100 Beds
	(Area in Sq.mt)				
1. Consultation and Examination	10	10	15	20	30
2. Administrative Block	Nil	10	15	20	40
3. Reception	10	10	10	20	30
4. Male Treatment Section					
Massage	20	30	50	75	100
Mud Therapy	10	15	20	25	40
Hydrotherapy	20	30	40	50	100
Magneto therapy	Nil	10	15	20	30
Chromo therapy (on the terrace)	10	15	20	30	40
5. Female Treatment Section	Same as in Male Treatment Section.				
6. Physiotherapy	10	15	20	30	60
7. Kitchen	10	15	20	30	40

162

8. Dining Hall	10	15	20	25	40
9. Yoga Hall	20	30	40	60	75
10. Kriya Section	10	15	20	25	30
11. Gym	10	20	30	40	75
12. Library	20	30	40	60	75
13. Recreation Hall	20	30	40	50	75
14. Seminar Hall	Nil	40	60	75	100
15. Health Shop	Nil	15	20	25	30
16. Laboratory	20	30	40	75	100
17. Wards	100	200	300	500	1000
<b>No. of Doctors</b>	1	2	2	3	6

- v) The following minimum scale of equipment should be available in a Naturopathy hospital.

Particulars	Nos. of equipment				
	10 Beds	20 Beds	30 Beds	50 Beds	100 Beds
Enema	2	3	4	6	10
Hip Bath	2	3	4	6	10
Spinal Bath	2	3	4	6	10
Steam Bath	1	2	2	3	4
Foot and Arm Bath	1	1	2	3	6
Massage Table	2	4	5	6	10

vi) Equipment at the following minimum scale should be available in a Naturopathy hospital for the procedures listed below:-

<b>Procedure</b>	<b>30 Beds</b>	<b>50 Beds</b>	<b>100 Beds</b>
Spinal spray	2	3	5
Sauna	1	1	2
Immersion Bath	2	3	6
Under water massager	1	2	4
Whirlpool Bath	Optional	1	2
Short Wave Diathermy, IFT, Muscle - stimulator, Wax Bath, Traction, Ultrasound, etc.	As per requirement of the patient.		

**Application for Class 'A' Registration for an  
Institutionally qualified Naturopathy Practitioner.**

Name :

Name of father/husband :

Permanent Address with Pin Code :

Present address with Pin Code :

Telephone No. with STD Code  
and Email. :Age and date of birth :  
(to be supported by documentary evidence)

Affix  
Passport size  
photograph

## Details of educational qualifications:

Qualifications	Name of the course	Year of pass	Name of Board/ University	Class and % of marks obtained	Remarks
Matric / 10 <sup>th</sup>					
12 <sup>th</sup>					
Degree/Diploma in Naturopathy.					
Any other qualifications					

## Details of the Registration:

- Name of the State Board:
- Registration No. \_\_\_\_\_ Date of Registration: \_\_\_\_\_

## Details of experience :

**Declaration:**

I hereby declare that all the above information is correct to the best of my knowledge and belief. In case any of the information is subsequently found to be incorrect, I accept that my application will be rejected and that action as warranted under law may be taken against me.

Place:

Signature of the Practitioner

Date:

*Note: Enclose Photocopies of all certificates*

165

**Form 'B'**

**Application for Class 'A' Registration for  
Non- Institutionally qualified Naturopathy Practitioners.**

Name :

Name of father/husband :

Permanent Address :

Present address :

Age and date of birth :  
(to be supported by documentary evidence)

Passport size  
photograph  
attested by  
forwarding  
authority

Details of educational qualifications:

Qualifications	Name of the course	Year of pass	Name of Board/ University	Class and % of marks obtained	Remarks
Matric / 10 <sup>th</sup>					
12 <sup>th</sup>					
Degree					
Master Degree					
Diploma					

Any other qualification(s) :

Details of professional experience :

Duration of practice in Naturopathy : (Year(s))

Whether practicing privately : (Yes/No)

Status of premises (rented/own) :

Whether employed in a Hospital or Clinic: (Yes/No)

If yes, give name and full address :

166

Details of work experience:

S.No.	Name and full address of the hospital/clinic	Period		Designation	Facilities available	Salary/Income from practice
		From	To			

Details of the patients treated :

Year	No. of patients	Chronic cases	Acute cases	Allergic cases	Success percentage	Remarks

162

Year	No. of patients	Chronic cases	Acute cases	Allergic cases	Success percentage	Remarks

- Note: 1. Please enclose a write up on your practice - special skills, achievements, failures, etc. in about 3 pages.  
 2. Please enclose photocopies of all relevant certificates.

Declaration:

I hereby declare that all the above information is correct to the best of my knowledge and belief. In case any of the information is subsequently found to be incorrect, I accept that my application will be rejected and that action as warranted under law may be taken against me.

Place: \_\_\_\_\_ Signature of the Practitioner  
 Date: \_\_\_\_\_

Comments/recommendation of forwarding authority :(Chief Medical Officer of the District).

Certified that Shri/Smt./Miss/..... S/o / D/o / W/o  
 ..... resident of .....  
 Practicing Naturopathy at ..... (address of  
 Clinic/Hospital) during the period from ..... to .....(enter years).

Place: \_\_\_\_\_ Signature  
 Date: \_\_\_\_\_ (Name and address of the recommending authority).  
 (Rubber stamp)



**Form 'C'**

**Application for Class 'B' Registration for  
Non-institutionally qualified Naturopathy practitioners.**

Passport size  
photograph  
attested by the  
forwarding  
authority

Name :  
Name of father/husband :  
Permanent Address :  
Present address :  
Age and date of birth :  
(to be supported by documentary evidence)

Details of 10+2 / Higher Secondary :  
Examination.

Board :  
Examination :  
Roll No. and year of passing :  
Subjects : (1) (2)  
(3) (4)  
(5) (6)

Any other qualification(s) :

Details of professional experience:

Duration of practice of Naturopathy: (Year(s))  
Whether practicing privately : (Yes/No)  
Status of premises (rented/own) :  
Whether employed in Hospital or Clinic: (Yes/No)  
If yes, give name and full address :

Details of work experience:

S.No.	Name and full address of the hospital/clinic	Period		Designation	Facilities available	Salary/income from practice
		From	To			

Details of the patients treated :

Year	No. of patients	Chronic cases	Acute cases	Allergic cases	Success percentage	Remarks

- Note: 1. Please enclose a write up on your practice - special skills, achievements, Failures, etc. in about 3 pages.  
 2. Please enclose photocopies of all relevant certificates.

**Declaration:**

I hereby declare that all the above information is correct to the best of my knowledge and belief. In case any of the information is subsequently found to be incorrect, I accept that my application will be rejected and that action as warranted under law may be taken against me.

Place:  
Date:

Signature of the Practitioner

**Comments/recommendation of forwarding authority :(Chief Medical Officer of the District)**

Certified that I know Shri/Smt./Miss/..... S/o / D/o / W/o  
..... resident of .....  
is practicing Naturopathy at ..... (address of  
Clinic/Hospital) since ..... (Year).

Place:  
Date:

Signature  
(Name and address of the recommending authority).  
(Rubber stamp)



IRCS Building,  
1, Red Cross Road,  
New Delhi – 110 001.

Dated: 4<sup>th</sup> September 2006.

To

The Secretaries (Health) of all States and Union Territories.

Subject: Guidelines for the registration of Naturopathy practitioners and for the accreditation of Naturopathy institutions -reg.

Sir/Madam,

The question of the most appropriate regulatory framework for Naturopathy has been under the consideration of the Central Government for some time now. While Naturopathy is one of the AYUSH systems, there is no Central legislation to regulate it unlike the case of Ayurveda, Unani and Siddha which are regulated by the Indian Medicine Central Council Act, 1970 and Homoeopathy which is regulated by the Homoeopathy Central Council Act, 1973. These Acts regulate medical education and the registration of practitioners and provide the regulatory framework for all aspects of these systems. In the case of Naturopathy, however, the only legislation available in the country is the State Acts in Andhra Pradesh, Karnataka, Tamil Nadu and Madhya Pradesh which regulate the registration of practitioners in these states. The primary reason for the absence of Central legislation is the fact that the number of registered practitioners in Naturopathy and the number of medical colleges offering Naturopathy education in the country is very small, both in absolute terms and when compared to the other AYUSH systems

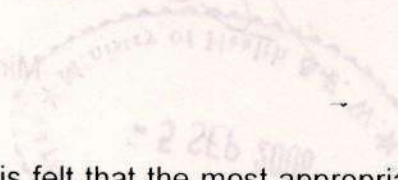
2. The absence of a statutory regulatory framework for Naturopathy has begun to be increasingly felt with the proliferation of establishments purporting to be providing "naturopathic" therapies and services. Given the unorthodox and extremely unconventional treatments and therapies being purveyed by such practitioners and establishments, there are legitimate fears about the health and safety of the public who willingly or otherwise patronise such practitioners and establishments. These fears about the health and safety of the public must also be seen in the context of the fact that fraud and quackery are often associated with these so-called therapies and treatments. In these circumstances, the Government would be failing in its duty if some kind of regulation is not imposed on the practice of Naturopathy in the country.

15)

(1) P. 1. no. 2

20/10/78  
22/10/78  
23/10/78

Ministry of Health & Family Welfare  
Government of India  
Department of AYUSH  
-2-



3. The issue has been carefully considered and it is felt that the most appropriate course of action would be for the State governments to enact comprehensive legislation for the regulation of Naturopathy. Such legislation should ideally cover the registration of practitioners, the regulation of medical education and all related matters. However, since the enactment of legislation would take some time, it is recommended that a system for the registration of Naturopathy practitioners and for the accreditation of Naturopathy institutions be put in place immediately on the basis of guidelines which have been formulated by this Department, a copy of which is enclosed herewith.

4. It is therefore requested that the State government take immediate action to enact suitable legislation for the regulation of Naturopathy. In the meantime, it is recommended that a system be set up for the registration of practitioners and for the accreditation of institutions on the basis of the guidelines enclosed.

Yours faithfully,

(Vergheze Samuel)  
Joint Secretary

Copy for information to the Chief Secretary.