Dr K. K. Aggarwal Padam Shri Awardee President, HCFI & CMAAO

Dated: 19.04.2021

Dr K. K. COVID Crisis: Medicines You Should Keep at Home ZOOM MEETING ID for OPD with Dr. K. K. Aggarwal: 8429-0921-517 [9 AM to 9PM]

- 1. Meftal 500 mg- If Crocin or Paracetamol is not working. This is for all Covid symptoms.
- 2. Ivermectin- 1 tablet works for 7 days. It is also preventive so contacts can take it as well.
- 3. Any water soluble aspirin such as Disprin or Ecosprin (75 mg)- For symptomatic treatment.
- 4. Melatonin- Usually used for jetlag. Helps with the brain fogging during Covid.
- 5. Zedex & Brozedex cough syrups- Zedex for dry cough and Brozedex for 'balgum' cough.
- 6. Prednisolone or Dexamethasone or Wysolone (20 mg)- Steroid medicine so **CONSULT YOUR DOCTOR BEFORE USE.** Anti allergic, anti inflammation.
- 7. Doxycycline (100 mg)- Anti viral, anti inflammatory, steroid medicine so **CONSULT YOUR DOCTOR BEFORE USE.**
- 8. Warfarin (2.5 mg) or Rivalto (10 mg)- This is a blood thinner so **CONSULT YOUR DOCTOR BEFORE USE.**